THE CONTRACTOR	2025 A la Sepa	<u>ANNOUNCEMENTS</u> students eat breakfast and lun carte items are available for p arately student account information o ne, visit lingconnect.com or ca	ch free Breakfas ourchase Grain Ce Milk or to add funds Lunch: V	<u>Served Daily:</u> st: Variety Fruits, Variety Whole real, Variety Juice, & Variety ariety Fruits, Vegetables, Soy Jelly, & Variety Milk
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast: Steak Biscuit 3 Lunch: Chicken Sandwich on WG Bun, French Fries, Baked Beans	Breakfast: Maple French Toast Bake (WG) Lunch: Beef Nachos, Corn & Refried Beans	Breakfast: Green Eggs & 5 Ham w/WG Toast Lunch: Chicken Bites, WG Roll, Mashed Potatoes, Mixed Veggies	Breakfast: Breakfast Taco 6 Lunch: Corndog, French Fries, Green Beans	Breakfast: Fruit Parfait 7 Lunch: Pepperoni Pizza, Baby Carrots, Side Salad
Breakfast: WG Cinnamon 10 Bun Lunch: Cheese Burger on WG Bun, French Fries, Baked Beans	Breakfast: Ham, Egg & <u>11</u> Cheese Croissant Lunch: Cheesy Chicken Fajita, Corn & Refried Beans	Breakfast: WG Pancakes 12 w/Bacon Lunch: Grilled Cheese, Broccoli & Cheese, Corn	Breakfast: Breakfast 13 Pizza Lunch: Hamburger Steak w/Gravy, Mashed Potatoes, Mixed Veggies	Breakfast: WG Cinnamon 14 Roll w/Icing Lunch: Turkey & Cheese WG Sub, Baby Carrots & Celery Sticks
Breakfast: Cream Filled 17 Cinnamon Toast Crunch Bar Lunch: Steak Sandwich on WG Bun, French Fries, Baked Beans	Breakfast: Minni Cinnis 18 (WG) Lunch: Beef Soft Taco, Corn & Refried Beans	Sausage & WG Toast Lunch: Chicken Nuggets, WG	Breakfast: Sausage 20 Pancake on a Stick Lunch: Chicken Alfredo, WG Breadstick, Green Beans, Corn	Breakfast: Fruit Parfait 21 Lunch: Cheese Pizza Crunchers, Marinara Cup, Side Salad
24 Spring Break	25 Spring Break	26 Spring Break	27 Spring Break	28 Spring Break
Breakfast: WG Cinnamon 31 Bun Lunch: BBQ Chicken on WG Bun, French Fries, Baked Beans	 Children who eat breakfas Reach higher levels of math Score higher on standa Have better concentration 	achievement in reading and ardized tests	TO SCHOOL March 3-	BREAKFAST
Menus subject to change.	"WG" indic	ates Whole Grain items.	This institution is a	n equal opportunity provider.

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Breakfast: WG Mini10Maple PancakesLunch: Cheese Burger onWG Bun, French Fries,Baked Beans	Breakfast: WG Cereal 11 w/String Cheese Lunch: Cheesy Chicken Fajita, Corn & Refried Beans	Breakfast: WG Pancakes 12 w/Bacon Lunch: Grilled Cheese, Broccoli & Cheese, Corn	Breakfast: WG Cereal 13 w/Yogurt Lunch: Hamburger Steak w/Gravy, Mashed Potatoes, Mixed Veggies	Breakfast: WG Mini Berry 14 Waffles Lunch: Turkey & Cheese WG Sub, Baby Carrots & Celery Sticks
Breakfast: WG Mini17Maple PancakesLunch: Steak Sandwich onWG Bun, French Fries,Baked Beans	Breakfast: WG Cereal 18 w/String Cheese Lunch: Beef Soft Taco, Corn & Refried Beans	Breakfast: Eggs, Grits, 19 Sausage & WG Toast Lunch: Chicken Nuggets, WG Roll, Mashed Potatoes, Black Eyed Peas	Breakfast: WG Cereal 20 w/Yogurt Lunch: Chicken Alfredo, WG Breadstick, Green Beans, Corn	Breakfast: WG Mini Berry 21 Waffles Lunch: Turkey & Cheese WG Sub, Baby Carrots & Celery Sticks
24 Spring Break	25 Spring Break	26 Spring Break	27 Spring Break	28 Spring Break
Breakfast: WG Mini 31 Maple Pancakes Lunch: BBQ Chicken on WG Bun, French Fries, Baked Beans Menus subject to change.	math • Score higher on standa • Have better concentra	achievement in reading and ardized tests	March 3-	BREAKFAST